

Bundelkhand Medical College, Sagar (M.P.)

Foundation Course Time Table - Draft

1 st Week (Orientation week)						
Time	1 st August	2nd August	3rd August	5 th August	6 th August	7 th August
09:00 - 10:00	Hostel allocation & Medical of Students	Welcome speech by Dean and Director Ice breaking (All 4 HODs)	About M.B.B.S. Course & duration	Orientation of Students about university rules & regulation (Exam.,Attendance) & also assessment.	Medical Profession &the physician's role in society / IMG roles.	National Health Program
10:00 - 11:00						
11:00 - 12:00		Introduction of pre clinical faculty, & Brief introduction of Bundelkhand Medical College, Sagar	Interaction with Senior Students of College	Pre clinical Department Visit	Introduction to Medical ethics ,attitudes & professionalism	History of Medicine
12:00 - 01:00			Introduction to Anti- ragging & mentor mentee programme			
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Hostel allocation & Medical of Students	College and Hospital Visit	Computer/ Language	Computer/ Language	Language	Computer/ Language
03:00 - 04:00				Sports	Sports	
04:00 - 05:00		Sports	Sports	Sports		

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2nd Week

Time	8th August	9th August	10th August	13th August	14th August	15th August	16th August	
09:00 - 10:00	Health care system & its delivery system in India	Disease & Public awareness	Principles of family practice.	Proper hand washing & use of personal protective equipment.	Immunization & its requirements of health care professionals.	Sports/ ECA	Self Directed Learning	
10:00 - 11:00								Collaborative learning.
11:00 - 12:00	Alternate health system in country.	Biomedical waste management	Universal Precautions & bio-safety	First Aid	First Aid		Commitment to lifelong learning as an important part of physician's growth	
12:00 - 01:00								
01:00 - 02:00	LUNCH BREAK							
02:00 - 03:00	Computer skills	Computer skills	Learning pedagogy	Reflection of Student	Learning strategies			
03:00 - 04:00			ECA	Computer skills	Sports	Computer/ Language		
04:00 - 05:00								

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3rd Week

Time	17th August	19th August	20th August	21st August	22nd August	24th August
09:00 - 10:00	Basic Life Support	Basic Life Support	Basic principles of community health & its impact on health & disease.	Brief introduction of Medico-legal cases	Disability Competencies.	Importance of Yoga & Meditation
10:00 - 11:00				Obtaining patient consent		
11:00 - 12:00	Informed Consent	Medical Negligence	Value of honesty & respect during interaction with peers, seniors, faculty, & other health care workers & patients.	Nursing Care	Communication with patients and families	Group learning & Group dynamics.
12:00 - 01:00						
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Computer Skills	Computer skills	Reflection of Students	Computer skills	Peer assisted learning	Computer skills
03:00 - 04:00			Language / Computer Skills		Sports	
04:00 - 05:00						

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4th Week

Time	26th August	27th August	28th August	29th August	30th August	31st August
09:00 - 10:00	Stress management & Time management.	Animal Ethics	Skill Developmen	Rights of a doctor and MCI etiquettes	What it means to be a medical student	Maintenance of Log Book & Medical records
10:00 - 11:00		Field visit to PHC/ CHC (Batch –A)	Field visit to PHC/ CHC (Batch –B)	Field visit to PHC/ CHC (Batch –C)	Field visit	
11:00 - 12:00	Role of mentoring.					Feedback of foundation course & reflective writing
12:00 - 01:00	Value of integrity,honesty and respect in medical profession					
01:00 - 02:00	LUNCH BREAK					
02.00 - 03.00	Computer skills/ Language	Computer skills/ Language	Online learning (e-learning)	Computer skills	Computer skills/ Language	Computer skills/ Language
03.00 - 04.00			Computer skills/ Language			
04.00 - 05.00						